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## Research Paper

# Comparative analysis on the effect of seaweed liquid extracts and commercial plant growth regulators on *in vitro* propagation of *Bacopa monnieri*

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## Abstract

Employment of commercial Plant Growth Regulators (PGRs) is inevitable in plant tissue culturing, but it makes the process costlier. As a natural substitute with well-known plant growth promoting activity, seaweeds act as a plentiful source of these regulators. In this study, the plant growth enhancing property of Seaweed Liquid Extracts (SLEs) from *Gracilaria edulis* and *Sargassum wightii* was compared with that of the commercial PGRs during the *in vitro* propagation of *Bacopa monnieri*, a plant of high medicinal value. 0.1mg/ml of Naphthalene Acetic acid (NAA) and 1.0mg/ml of Kinetin were used to compare the plant growth promoting activity of commercial PGRs with Seaweed Liquid Extracts. Supplementation of MS media with different proportion of SLEs from *S. wightii* and *G. edulis* significantly enhanced the growth of *Bacopa monnieri*. 30% and 40% liquid extracts from *S. wightii* and *G. edulis* respectively enhanced shoot and root proliferation and increased the survivability of the propagated plant. Our results demonstrated that seaweed liquid extracts are more effective in enhancing the *in vitro* propagation of *B. monnieri* than commercial PGRs. Hence, the seaweed extracts as a source of the plant growth regulators are suggested as a better alternative for the commercial PGRs used for *in vitro* propagation of *Bacopa monnieri*.

**Keywords:** Plant growth regulators, Seaweed extracts, *Bacopa monnieri*, *Gracilaria edulis*, *Sargassum wightii*.

## Introduction

*Bacopa monnieri* (L.) Pennell (*B. monnieri*) commonly called as Brahmi is a creeping annual plant belonging to the family *Scrophulariaceae*, found throughout the Indian subcontinent in wet, damp and marshy areas. It has been used as a panacea for various diseases including cardiac, respiratory malfunctions and especially for neural disorders like insomnia, insanity, depression, psychosis, epilepsy and stress<sup>[1,2]</sup>. It contains Saponin, an active triterpenoid as its principal compound. This Saponin includes Bacosides A, B, C and D which are commonly known as "memory chemicals"<sup>[3, 4]</sup>. *B. monnieri* is an accepted neurotonic which is used to enhance memory, intellectual and cognitive functions. Apart from cognitive enhancement, it is also used as an anti-inflammatory<sup>[5]</sup>, an analgesic<sup>[6]</sup>, an antipyretic<sup>[7]</sup>, sedative<sup>[8]</sup> and as an antiepileptic agent<sup>[9]</sup> in Ayurvedic medicines. Because of its high medicinal value, demand is also high<sup>[10]</sup>. To meet this high demand, more than 90% of plant species used by industries are collected from the naturally existing wild source, 70% of which is by unorganized harvesting, leading to the extinction of the plant. As a result, *B. monnieri* was listed as an endangered species by the International Union for Conservation of Natural and National Resources<sup>[11]</sup>. To bring in the hope of reviving these plants, *in vitro* propagation using cost effective

and readily available Plant Growth Regulators (PGRs) could be an effective alternative. Apart from the above well-known facts, this plant can also be genetically engineered to be used as a bioreactor for producing products of medicinal importance and also as a platform for the edible vaccine (Johnson *et al.*, unpublished data).

Despite the fact that large magnitude of seaweeds has been explored as a source of food, as industrial raw materials and in therapeutic and botanical applications for centuries<sup>[12]</sup>, they are often regarded as an under-utilized bio-resource. In the context of organic farming, seaweeds substituted synthetic commercial fertilizers. Field application of these seaweed extracts is also simpler since it can directly be applied as a foliar spray or as powdered manure<sup>[13, 14]</sup>. Apart from agricultural benefits, seaweed extracts hosts various other qualities which make it applicable in plant tissue culturing (PTC) also. In recent trends, PTC plays an important role in the mass propagation of disease-free varieties and in the regeneration of medicinally important plants which are on the verge of extinction. Seaweeds were found to be the richest source of PGRs like auxins<sup>[15]</sup> and other growth promoters like IAA (Indole Acetic Acid) and IBA (Indole-3-butyric acid), Cytokinins, trace elements like Fe, Cu, Zn, Co, Mo, Mn, and Ni, vitamins and amino acids<sup>[16]</sup> and shown to be successfully enhancing the yield of commercial crops like *Vigna mungo* (black gram)<sup>[17]</sup>.

The Seaweed-derived products were previously reported as the potential source of plant growth promoting substances which makes the *in vitro* plant tissue propagation much simpler and cheaper by replacing commercially available growth promoters. Incorporation of seaweed extracts in PTC growth media can be perfectly done without compromising the effect of sterilization as it is thermostable<sup>[18]</sup>. Seaweed extracts have already been used in the *in-vitro* mass propagation of *Lycopersicon esculentum* L with 75% increased survivability<sup>[19]</sup> and in *Solanum melongena* L<sup>[20]</sup>. Based on the above information available, this study was done to analyze the plant growth promoting activity of seaweed liquid extracts from *Gracilaria edulis* and *Sargassum wightii* in comparison with the traditional PGRs.

## Materials and Methods

### Surface Sterilization of Explants

Before use, the explants were thoroughly washed under running tap water for 15minutes to remove dirt. It was then rinsed in 10% SDS for ten minutes with intermittent shaking and then with sterile distilled water for two to three minutes. To remove fungal contaminants, 5mg/ml Bavistin treatment was done and again washed with sterile distilled water. After washing, the explants were subjected to surface sterilization as mentioned in the table no.1.

**Table 1: Surface sterilizing agents which were used in a different concentration with varying time of exposure to remove contaminants from explants of *Bacopa monnieri***

Sterilizing agent	Concentration (%)	Exposure Time
Mercuric chloride	0.01-0.1%	2-3 minutes
Sodium hypochlorite	0.01-1%	2-3 minutes
Ethanol	70%	30-40 seconds

### Initiation of aseptic cultures

Initiation medium was prepared by supplementing Murashige and Skoog (Murashige and Skoog 1962) "basal medium"<sup>[21]</sup> (defined as MS medium supplemented with sucrose and gelling agent, but in the absence of phytohormones) with sucrose (3%; commercial grade; Hi-Media), agar (0.8%; commercial grade; Supreme Hi-Media, India) and clerigel 0.1%. The pH of the medium was adjusted to 5.8 with 1N NaOH (analytical grade; Hi-Media) and 1N HCl (Analytical grade; Hi-Media) before autoclaving at 121°C and 15 psi pressure for 20 minutes. The surface sterilized nodal segments were inoculated and cultured in this initiation medium under the culture conditions as given below for two to three weeks.

### **Shoot multiplication using commercial PGRs**

The *in vitro* sterile culture obtained from two to three weeks old cultures on initiation medium were inoculated onto the MS medium supplemented with commercial plant growth regulators. For callus formation and improved frequency of shoot induction and growth, the auxins (Naphthalene Acetic acid (NAA), Indole Acetic Acid (IAA), Indole Butyric Acid (IBA)) were tested in combination with cytokinins (6-Benzyl Aminopurine (BAP), Thidiazuron (TDZ) and Kinetin). NAA at 0.1mg/ml concentration was kept as standard and MS media with varying combinations of kinetin, BAP, and TDZ at the concentrations of 0.5, 0.75 and 1.0 mg/ml, respectively were prepared and sterilized by autoclaving at 121°C for 20 minutes at 15 psi pressure. Sub-culturing was done at an interval of about ten days. After third sub-culturing, the explants were observed for induction of roots and shoots, its length and biomass. All the experiments were carried out in triplicates.

### **Preparation of Seaweed Liquid Extracts (SLE)**

Marine red seaweed *Gracilaria edulis* and brown algae *Sargassum wightii* were collected from the coastal area Villoonidi Theertham situated in between Pamban and Ramaeswarm, Tamilnadu, India (9.288°N 79.313°E) during the month of May and June 2014. The seaweeds were identified based on their morphological characters. The Collected seaweeds were brought to the laboratory in sea water after washing to remove sand, macroscopic epiphytes, and other dirt. In the laboratory, the seaweeds were washed in running tap water twice and finally with distilled water and shade-dried for seven days. Dried seaweeds were ground into fine powder using a mechanical blender and stored in airtight containers for further use. Concentrated aqueous extracts were prepared by hot extraction method using water as the solvent. Powdered seaweeds were dispersed in double the volume of water (1:2 w/v) and boiled for two hours. The extracts were filtered first using a muslin cloth and then with Whatman no.1 filter paper. Filtrates were then autoclaved, cooled and stored at 4°C until further use.

### ***In vitro* propagation of *Bacopa monnieri* using SLEs**

The nodal segments of size 2 to 3 cm, from established lines were inoculated on MS medium supplemented with varying concentration of SLEs from 10% to 70% without altering the concentration of MS media components (Murashige and Skoog 1962). The pH of the media was set at 5.7. To maintain growth and vitality, cultures were sub-cultured in fresh medium every ten days. The average numbers of shoots and roots per explants were recorded after the third subculture and the experiments were carried out in triplicates. MS media without any SLE - was employed as the control. Throughout the study, the culture conditions were maintained as mentioned below.

### **Culture Condition**

All cultures were maintained at 25±2°C, under a 16-hour photoperiod with a light intensity of approximately 47.25  $\mu\text{mol m}^{-2} \text{s}^{-1}$  (3,500 lux) provided by cool, white fluorescent tubes (40 W; Philips, New Delhi, India). Relative humidity was maintained around 60%-70%.

### **Hardening**

Post twenty days of third sub-culturing, the plantlets with well-developed roots and shoots were removed from the culture jars and washed thoroughly with sterile distilled water to remove all traces of medium attached to the roots. They were then transplanted into plastic jars containing autoclaved soil and vermiculate (Varsha Enterprises, Bangalore, India) (1:1 w/w).

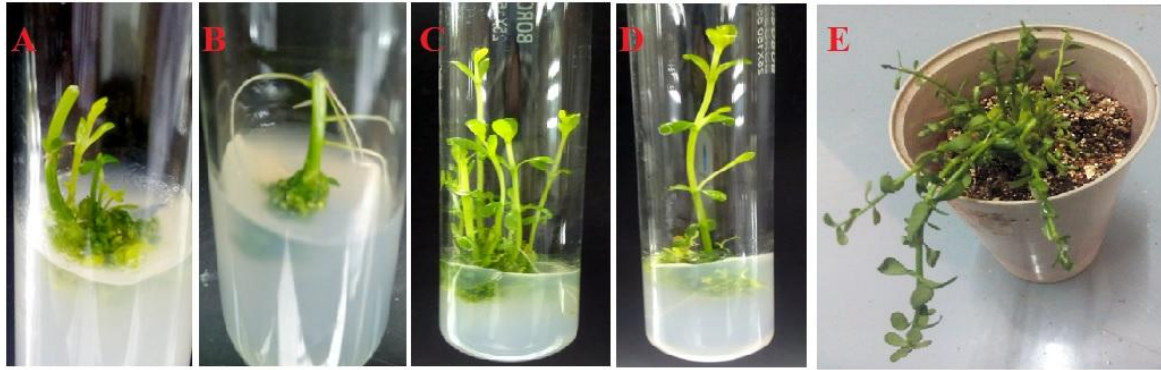
### **Statistical Analysis**

The entire study was carried out in triplicates. The number of shoots, roots induced, and biomass were recorded after third sub-culture. All data were analyzed for significant difference using analysis of variance with 95% confidence level. ANOVA was calculated using Graphical Prism software (GraphPad Software Inc., La Jolla, CA). Calculation of the mean value and graphical representations were done using Microsoft Excel version 2010.

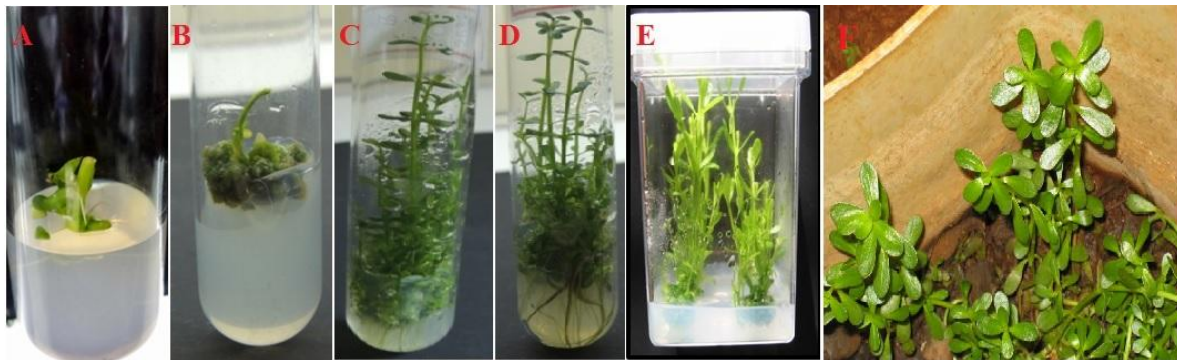
## **Results**

### **Establishment of Explants**

Aseptic cultures of the explants of *B.monnieri* were propagated on MS media with commercial PGRs, liquid extracts from the seaweeds *G.edulis* and *S.wightii*. After the third sub-culture, the explants were transferred to plastic pots for hardening (Figure 1 and Figure 2). Seaweed liquid extracts increased the survivability. The shoots of plants induced by SLEs were healthy and also high in number.



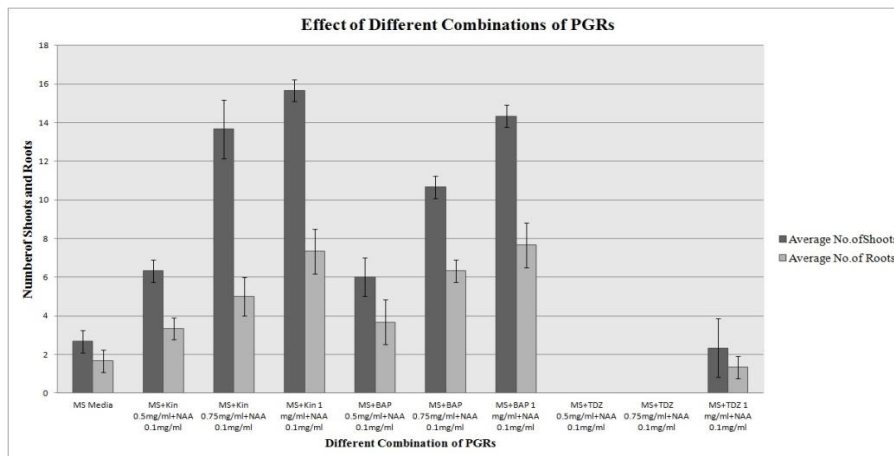
**Figure 1: *In-vitro* propagation of *B. monnieri* on MS media with commercial PGRs: (A) Inoculated explants on MS media with no supplements (B) Callus and multiple induction (C) Multiple shoot generation by MS media with Kinetin (1mg/L) and NAA (0.1mg/L) (D) Reduced Shoot Induction by MS media with BAP (1mg/L) and NAA (0.1mg/L) (E) Hardened and acclimatized plant**



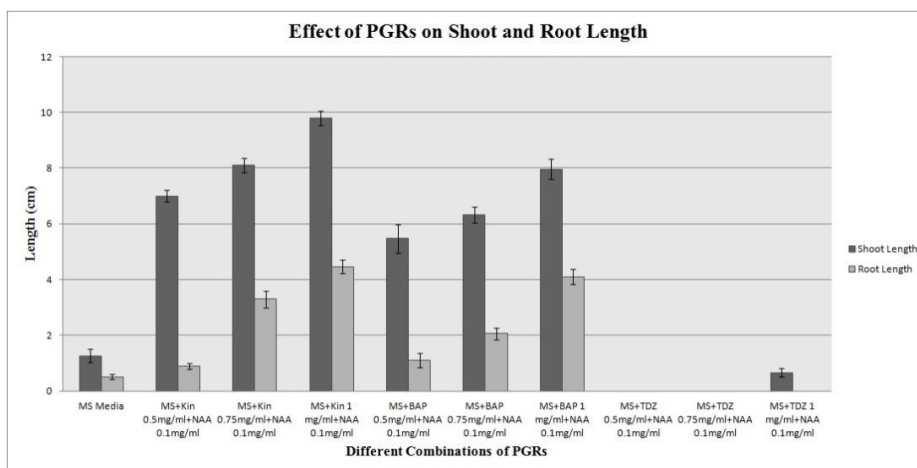
**Figure 2: *In-vitro* propagation of *B. monnieri* on MS media with SLEs: (A) Inoculated explants on MS media with no supplements (B) Shoot bud regeneration (C) Induction of multiple shoots (D) Induction of multiple roots and shoots (E) Superfluous growth of sub-cultured explants (F) Hardened and acclimatized plant**

**Effect of PGRs on Shoot and Root Induction**

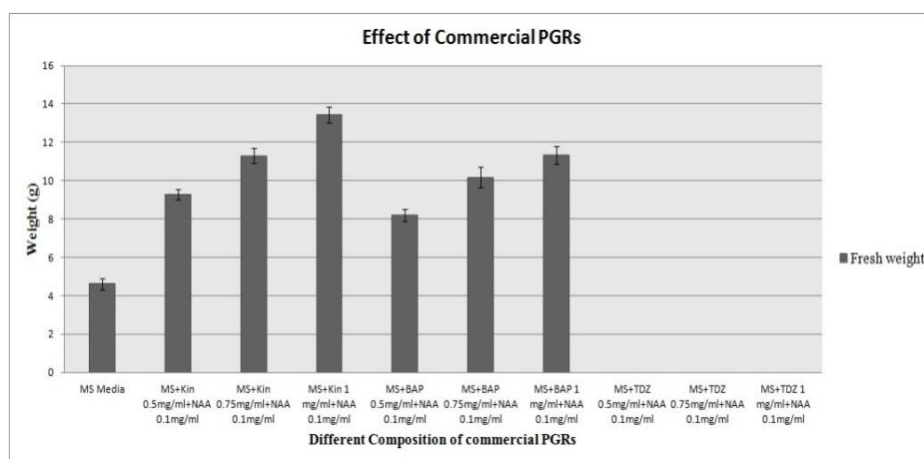
Among different combinations of PGRs, basal MS medium supplemented with both 0.1 mg/ml of NAA and 1.0 mg/ml of Kinetin had the best induction of roots and shoots both in number and length.



**Figure 3: Effect of different combinations of commercial PGRs on induction of roots and shoots. MS media with 0.1mg/ml of NAA and 1.0mg/ml of Kinetin induced more number of roots and shoots. (p<0.05)**



**Figure 4: Effect of different combinations of commercial PGRs on length of roots and shoots. MS media with NAA 0.1mg/ml and Kinetin 1mg/ml produced longer roots and shoots than other combinations of PGRs. (p<0.05)**



**Figure 5: Effect of different combinations of commercial PGRs on biomass**

This combination of PGRs induced fifteen shoots and seven roots from each explant on the average (Figure 3). The length of shoots and roots were 9.8cm and 4.5cm respectively (Figure 4). Biomasses of the induced plants were also showing similar result with 0.1mg/ml of NAA and 1.0mg/ml of kinetin (Figure 5).

**Effect of SLEs on Shoot and Root Induction**

Seaweed Liquid extracts had a profound effect on induction of shoots and roots of *B.monneri*. After the third sub-culture, the nodal explants were inoculated onto control MS media and MS media supplemented with SLEs of *G.edulis* and *S.wightii* were observed for the biomass, number and length of shoots and roots induced. Medium supplemented with 40% *G.edulis* liquid extracts produced nineteen shoots and fifteen roots while 30% of *S.wightii* induced twenty five shoots and twenty roots on average (Figure 6). On the other hand, propagation on the control MS media produced on the average of only 3 shoots and 2 roots. SLEs also increased the length of shoot and roots. 40% *G.edulis* extracts produced shoots and roots of length 15cm and 7.5cm respectively while 30% *S.wightii* extracts produced 17cm and 7cm of the shoots and the roots respectively (Figure 7). When the biomass of each plant was quantified both as wet weight and dry weight, it was observed that SLEs influenced the biomass also. 40% *G.edulis* extracts and 30% *S.wightii* extracts produced increased biomass when compared to control MS media (Figure 8).

On the whole, SLEs displayed better plant growth promoting property than the commercial PGRs. MS media supplemented with 30% liquid extracts of *S.wightii* significantly influenced the *invitro* propagation of *B.monneri* by inducing more number of shoots and roots with increased length and

biomass. The propagated plants were healthy and survivability at green house environment was also high.

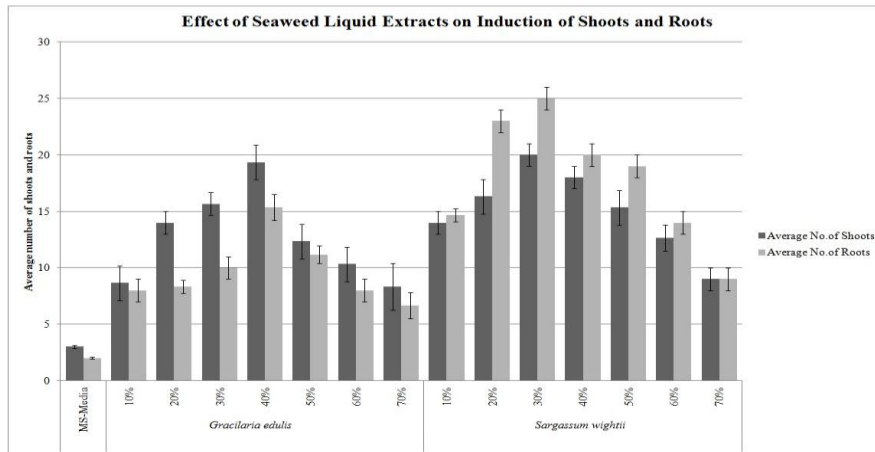


Figure 6: Effect of Seaweed Liquid Extracts on induction of roots and shoots. Among the two seaweeds 30% *S. wightii* extracts induced more number of roots and shoots. Induction of shoots by 30% *S. wightii* extracts are significantly similar to 40% *G. edulis* extracts ( $p < 0.05$ ).

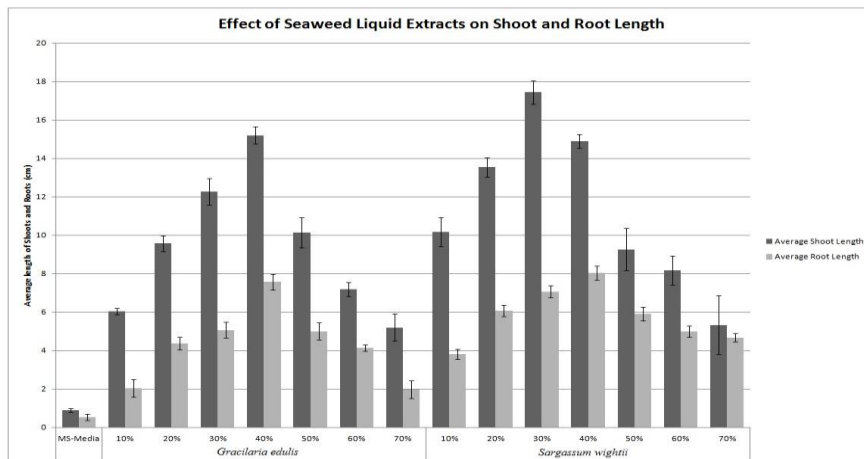


Figure 7: Effect of SLEs on length of induced roots and shoots. 30% of *S. wightii* extracts produced more number of roots and shoots with increased length ( $p < 0.05$ )

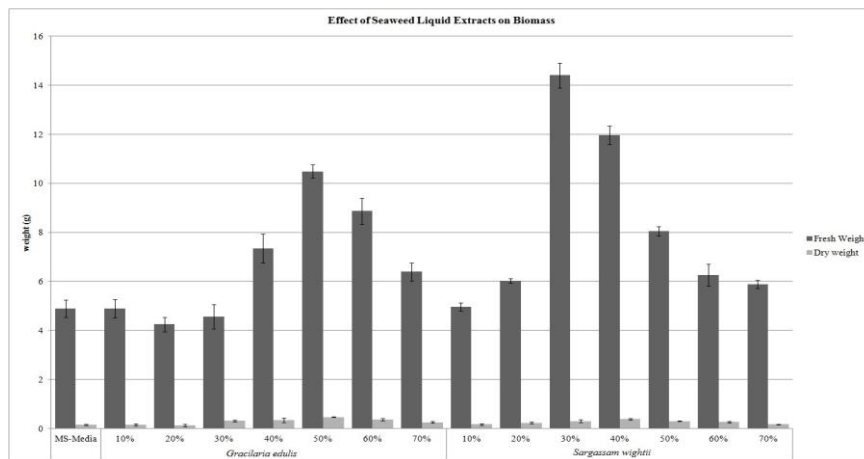


Figure 8: Effect of SLEs on biomass. 30% of *S. wightii* influenced the *in-vitro* propagation of *B. monnieri* by inducing more number of roots and shoots with increased biomass. ( $p < 0.05$ )

## Discussion

Seaweeds are the richest natural source of macro elements<sup>[22]</sup> and growth promoters<sup>[15, 16]</sup>. The presence of precursors of plant growth promoters<sup>[23]</sup>, essential polysaccharides<sup>[24]</sup>, zeatines<sup>[18]</sup>, and betaines<sup>[25, 26]</sup> were also previously reported from seaweeds. These findings attracted the researchers to use seaweed extracts at varying concentrations for the *in vitro* propagation of commercially and medicinally important plants. In this study, we compared the plant growth promoting property of seaweed liquid extracts from *G. edulis* and *S. wightii* with that of the commercial plant growth regulators like NAA, BAP, Kinetin and TDZ. Among the different combinations of commercial PGRs, MS media supplemented with 0.1mg/ml of NAA and 1mg/ml of Kinetin induced shoots and roots significantly.

Basal MS media supplemented with either 30% *S. wightii* extracts or 40% *G. edulis* enhanced the growth and biomass of *B. monnieri* than the commercial PGRs. However, the further increase in the concentration of SLEs showed a negative effect. Our findings are concordant with the previous reports on the effect of seaweeds on the growth of *Solanum lycopersicum* L. as observed by Rosalba Mireya et al.,<sup>[27]</sup> and findings by Vinoth et al.,<sup>[19]</sup> on the *in vitro* propagation of *Lycopersicon esculentum*. The reason may be the increase in pH upon addition of excess seaweed extracts as it was clearly pointed out by Arnon and Johnson<sup>[28]</sup>.

The most important benefit of using seaweed liquid extracts is that it can be applied to the field in any form either by spraying or applying granules and it is independent of the further addition of macro- and micro-elements<sup>[29]</sup>. Our results demonstrated the increase in shoot length, root length and biomass of *B. monnieri*, when SLEs were supplemented with the MS media. An analogous effect was also observed in tomato with the extracts from *S. johnstonii*<sup>[30]</sup>. Similarly, in a field study, foliar spray of seaweed extracts increased height and growth of tomato<sup>[31]</sup> and even in nematode infested soils<sup>[32]</sup>. The Root-to-shoot ratio is also increased by SLEs and thereby enables the plant to gain more access to nutrients present in the environment and increase the survivability and maturity. This may be augmented due to the presence of plant hormones in seaweeds<sup>[33]</sup>.

Plant growth promoting activities of seaweed concentrates in fields have already been demonstrated in various crops. Very few reports are available on the use of seaweeds for *in vitro* propagation. Our findings strongly recommend the aqueous seaweed extracts from *G.edulis* and *S.wightii* as an effective replacement for expensive commercial plant growth regulators used for *in vitro* mass propagation of plants like *B.monnieri*.

## Conclusion

In the present study, plant growth promoting activity of commercial PGRs and seaweed liquid extracts of *G. edulis* and *S. wightii* was analyzed and compared. Among the different combinations of commercial PGRs, 0.1mg/ml NAA and 1mg/ml Kinetin yielded significant growth. However, further increased growth and survivability of *B. monnieri* were achieved by supplementing the MS media with Seaweed liquid Extracts. Among the seaweeds, *Sargassum* displayed better root and shoot inducing ability. Comparatively, the growth promoting activity was higher with SLEs rather than with PGRs. Hence we suggest the use of the SLEs as a better and cheaper alternative to commercially available PGRs for the *in vitro* propagation of commercially important plants. However, further insight regarding its macro and micro element is necessary to have a better understanding about SLEs and their plant growth promoting activity.

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